

ALLERGIES OR INTOLERANCES

Please let us know if you have any allergies or intolerances when ordering. We do handle nuts, seeds and foods containing gluten within our kitchen environment so please talk to us if you are concerned



(V) = VEGETARIAN
(VG) = VEGAN
(GF) = GLUTEN FREE
(N) = CONTAINS NUTS INCLUDING SESAME

(GFO) = GLUTEN FREE OPTIONS:
WE HAVE GF SLICED BREAD AND BAGELS

BREAKFAST

Served until 12PM

EGGS ON SOURDOUGH (V, GFO) Poached or Scrambled	5.95	GRILLED BACON, AVO & EGG (GFO) Poached or Scrambled Eggs on Sourdough	10.95
THE SMALL ENGLISH (GFO) Bacon, Sausage, Tomato, Eggs, Baked Beans, Roasted Garlic & Thyme Mushrooms & a slice of Granary Toast	10.95	THE BIG ENGLISH (GFO) 2 Sausages, 2 Bacon, Tomato, Eggs, Roasted Garlic & Thyme Mushrooms, Baked Beans & 2 slices of Granary Toast	12.95
THE VEGAN (V, VG, GFO) 2 Veggie Sausages, Tomato, Asparagus, Roasted Garlic & Thyme Mushrooms, Potato Hash, Baked Beans & Granary Toast VEGGIE? ADD EGGS FROM 1	11.95	TOASTED SOURDOUGH BAGEL OR CROISSANT (+0.50) With Choice of Smooth Peanut Butter, Strawberry Jam, Marmalade or Marmite. We also have dairy free, vegan spread!	2.95

HAVE YOU SEEN OUR BAKERY ITEMS?
CHECK OUT THE COUNTER FOR TODAY'S OFFERINGS!

BRUNCH

Served All Day

ALMOND BERRY CROISSANT (V, N) Mascarpone, Sliced Banana, Mixed Berries, Toasted Flaked Almonds, Honey Drizzle	9.95	SAUSAGE, HASH & EGG BAGEL (GFO) Homemade Chilli Sausage, Potato Hash & Poached Eggs in a Bagel	12.95
SMOKED SALMON & EGG BAGEL (GFO) Your choice of Poached or Scrambled Eggs with a Balsamic glaze	10.95	HALLOUMI & SHROOMS (GFO, N) Grilled Halloumi & Garlic & Thyme Mushrooms on Sourdough with a Pesto Dressing	10.95
SMASHED AVO & ASPARAGUS (V, GFO) Poached Eggs with Smashed Avocado, Spicy Asparagus & Spinach on Sourdough	11.95	SAUSAGE & BACON SANDWICH (GFO) With Balsamic Onions, Rocket & English Mustard Why not add an egg?	7.95
CHORIZO & SWEET POTATO HASH (GFO) Sweet Potato Hash, Chorizo, Roasted Red Peppers & Poached Eggs on Sourdough with Chimichurri and a Fermented Hot Sauce	12.95	VEGETARIAN OR VEGAN? Swap out your Sausages for Veggie Sausages!	

EXTRAS

FROM 1.50

**HEINZ BEANS | POACHED EGGS | SMASHED / SLICED AVO | GRILLED HALLOUMI
BACON | CUMBERLAND SAUSAGE | VEGGIE SAUSAGES | GRILLED TOMATOES
GARLIC & THYME MUSHROOMS | SMOKED SALMON | POTATO HASH**

A discretionary 10% service charge will be added to all tables ordering food

LUNCH

Served from 12PM onwards

SOUP (ONLY IN WINTER MONTHS)

PLEASE TALK TO A MEMBER OF STAFF ABOUT OUR SOUP OF THE DAY! (V, VG) 5.95

Served with Granary Bread & Butter

ADD SEEDS, CHEESE OR CROUTONS 0.35 EACH

LUNCH

SIGNATURE WRAP & SIDE SALAD 7.95

Please talk to a member of staff about our toasted wrap specials.

Meat and vegan options available

LAMB KOFTE FLATBREAD 12.95

Minted Lamb Kofte, Coconut Tzatziki, Pickled Pink Onion & Spinach served on a Lebanese flatbread with a side Salad & Lemon wedge

CHICKEN SHAWARMA 13.95

Marinated Sliced Chicken Thighs served on a Lebanese flatbread with Mixed Leaves, Spiced Yoghurt, Mixed Pickled Veg & Chillies

FISH FINGER SARNIE (GF0) 7.95

Cod Fish Fingers with Mixed Leaves & Mayo served on Granary Bread

SALAD BOWLS

ADD CHICKEN 4 | HALLOUMI 3.5 | FETA 2

SQUEEZE SALAD (V, VG, GF) 10.95

Lettuce, Cucumber, Cherry Tomatoes, Red Onion, Broccoli, Asparagus, Baby Corn, Avocado, Pickled Baby Beetroot, Radishes, Pomegranate Pearls & Mixed Seeds with a Balsamic Dressing

SQUASH BOWL (V, VG, N) 12.95

Roasted Butternut Squash, Sweet Potato, Avocado, Cherry Tomatoes, Houmous, Pickled Baby Beetroot, Pomegranate Pearls & Radishes served with Giant Couscous

CHICKEN & AVO BOWL (GF) 12.95

Lemon & Herb or Pesto Dressing (N)

Roasted Chicken Breast served with Broccoli, Sliced Avocado & Oven Baked Sweet Potato Wedges

BURGERS

SQUEEZE BURGER 12.95

Homemade 8oz Prime Beef Burger topped with Brie, Bacon & Balsamic Onion Chutney served with a Side Salad & Slaw

CHICKEN BURGER (N) 11.95

100% Chicken Breast, Pesto, Salsa, Rocket & Mayo served with a Side Salad & Slaw

FALAFEL BURGER (V, VG, N) 11.95

Homemade Spinach & Almond Falafel Burger topped with Coconut Tzatziki & Mango Chutney served with a Side Salad & Slaw

SIDES

POTATO WEDGES (SWEET / WHITE / MIXED)

Seasoned with either Rosemary OR Chilli Flakes
Served with Sweet Chilli Dip & Mayo

SIDE 3.95 / FULL 5.95

POTATO HASH 3

Potato hash mix with wholegrain mustard & onions

GRILLED HALLOUMI 3.5

A discretionary 10% service charge will be added to all tables ordering food